Enter a world of art and beauty with Valmont, a prestigious Swiss Cosmetics Group founded in 1985. With an expertise in anti-aging Swiss Cellular cosmetics of the highest standards in quality, the Valmont laboratories create lavish compositions with a unique selection of the finest ingredients the world has to offer. The Valmont Group brings together the worlds of art, luxury, cosmetics, and fragrances. These pillars are where effectiveness, seduction, and sensory and olfactory experiences intermingle and combine along with a virtuous passion for modern art.
Welcome to an oasis of serenity, privacy and elegance. Immerse yourself in an exclusive sanctuary of tranquility and discover a new standard of relaxation in our Valmont Spa. Offering world-class facial treatments by Valmont, luxurious body treatments and specialized massages designed to release stress and toxins. Providing pampered attention from our experts, you will leave the Spa at the Hazelton Hotel feeling better than ever!
Valmont Signature Facial Treatments

60/90 min.

HYDRATION OF THE BISSES

Hydration Ritual
A slow, delicate, and singularly relaxing massage facial that targets the lymphatic system to improve fluid flow. This treatment fills the epidermis with water to reveal vibrant, supple, re-plumped skin.

ENERGY OF THE GLACIERS

Energy Ritual
A dual energizing and relaxing massage focused on the vascular system. This treatment revitalizes the skin by stimulating cell oxygenation and dissolving any sign of fatigue. The skin revels in newfound energy and vigor, while the complexion appears fresh and radiant.

LUMINOSITY OF ICE

Luminosity Ritual
Grounded in facial reflexology, this treatment refines the skin’s texture and calls forth the glow of a unified complexion. The skin is softer, smoother and altogether radiant, with fewer irregularities.

LIFT FROM THE PEAKS

Anti-Wrinkle & Lifting Ritual
Inspired by fascia therapy, this slow, deep massage fights wrinkles by relaxing and toning the muscles. This treatment program provides an intense smoothing effect while alleviating stress in areas with superficial or more pronounced wrinkles.

FIRMNESS OF THE HILLS

Firmness Ritual
A deep tissue massage for the face to heighten the skin’s firmness to reveal visibly younger skin with enhanced volume definition. The movements in the treatment include deep kneading, palpating and rolling as well as powerful smoothing motions.
REFLECTION ON A FROZEN LAKE  45 min.

Eye Lift Treatment
A comprehensive and targeted treatment to eliminate fine lines, shadows, bags and swelling. Reveals a dazzling, youthful gaze to be admired anew.

BACK FACIAL TREATMENT  60 min.

Purification
Includes exfoliation, extractions and a mask application.

ESSENCE OF THE BEES MAJESTIC TREATMENT  90 min.

Elixir des Glaciers
This luxurious facial combines products from the beehive that are among the best repairing and healing agents in the world. This facial will leave your skin more nourished than ever! There are two cleansing treatments, three massages and four masks included – a veritable youth therapy for the skin.

Facial Add-Ons
(can be applied to any 60-minute Facial):
- Eye Collagen Treatment
- Face Collagen Treatment
- Neck Collagen Treatment

All 90-minute Facials include a Collagen Face Mask.
**Massages**

**STRESS RELIEF MASSAGE**
It is performed to energize the body and mind. Perfect to relax and unwind. It will help you increase levels of oxygen in the blood and improve circulation.

**Recommended exquisite enhancement to bring your experience to the next level of blissfulness:**
Dry brush: you take the brush with you to continue this great exfoliation at home
Valmont 24-hour MNR (moisturizer enhancement)

**DEEP TISSUE MASSAGE**
Our Registered Massage Therapist will assist you with your specific needs and concerns, to ensure you receive the best individualized treatment. Using different combinations of techniques allows your Massage Therapist to explore which modality is most beneficial for your health and wellness.

**Recommended exquisite enhancement to bring your experience to the next level of blissfulness:**
Blissful Hot Shell Enhancement
Arnica Soothing Balm

**BLISSFUL HOT SHELLS MASSAGE**
A blissful hot sensation combined with the smooth surface of the shells will make you never want to leave the massage table. A treatment that combines the warmth of the shells with deeply relaxing massage techniques, creating a sense of balance to the entire body and mind. During the massage, the shells are worked over the palms, arms, feet and legs in slow deep moves to warm and de-stress.

**REFLEXOLOGY**  **30/60 min.**
Therapist works on deep reflex zones that relate to all major organs of the body.
Body Treatments

PEAKS OF SLIMNESS
A full-body remodeling. Kneading and decongesting movements, friction and smoothing pressures for body toning.

BISSES PURITY
A full-body exfoliating and purifying treatment with massage gestures to help dissolve nervous and muscular tensions.

VITALITY OF THE BODY
A relaxing, energizing and invigorating treatment concluding with a Valmont massage, leaving your skin soft and smooth.

HAZELTON SIGNATURE SCRUB
Created exclusively for us in Newfoundland, using our signature blend of essential oils and sugar, our Signature Scrub will provide you with a wonderful exfoliation experience. Followed by an application of a heavenly body butter, this treatment will leave you with glowing and smoother skin.

Enhancements

Valmont Collagen Eye Mask
30-minute Scrub Addition to Massage
Arnica Soothing Balm
Dry Brush
Blissful Hot Shell Enhancement
Hand or Feet Paraffin Treatment
Valmont 24-hour MNR (moisturizer enhancement)
Valmont Scalp and Mask Hair Treatment
Exclusive Spa Packages

HEAD TO TOE SAMPLER  90 min.
30-minute Hazelton Signature Scrub
30-minute Facial
15-minute Eye Collagen Mask
Valmont Scalp Revitalization Treatment
30-minute Vitality of the Body

HAZELTON SIGNATURE SPA PACKAGE  3.5 hours
30-minute Hazelton Signature Scrub
90-minute Swedish/Deep Tissue Massage
60-minute Hydration Facial

GENTLEMEN’S ESCAPE PACKAGE  3 hours
30-minute Hazelton Signature Scrub
90-minute Swedish/Deep Tissue Massage
Sports Pedicure
Sports Manicure

“OH MY GLOW” PACKAGE  4 hours
90-minute Swedish/Deep Tissue Massage
90-minute Luminosity of Ice
Dry Brush Add-On
Valmont Scalp Revitalization Treatment
Nail Salon Services

45-minute Classic Manicure
60-minute Classic Pedicure
60-minute Hazelton Bliss Manicure
75-minute Hazelton Bliss Pedicure
30-minute Sports Manicure
45-minute Sports Pedicure

60-minute Shellac Manicure
75-minute Shellac Pedicure
Shellac Application
Shellac Removal
French Application

HAZELTON BLISS MANICURE AND PEDICURE

Enjoy this pampering and luxurious treatment which involves our exclusive, handmade in Canada, sugar scrub with our signature scent, followed by a hot shells blissful massage and an application of our body butter with our signature scent.

Waxing Services

60-minute Abdomen
30-minute Full Arm
15-minute Half Arm
45-minute Back
15-minute Bikini
30-minute Brazilian
45-minute Chest

15-minute Eyebrow
60-minute Full Leg
75-minute Full Leg/Bikini
15-minute Lip/Chin
30-minute Lower Leg
15-minute Underarms
SPA ETIQUETTE
In order to serve you better, we ask that all guests review and observe our spa etiquette guidelines.

AGE REQUIREMENTS
Spa services are available to guests 18 years and older. Nail services are available to guests of any age.

RESERVATIONS
Please reserve appointments at least three weeks in advance so that we may meet your scheduling requests. If you are a mom-to-be or have health concerns, please let us know so we may consult with you regarding spa services that are recommended during this time.

ACCESS TO THE SPA
Facilities are complimentary with a one-hour or longer spa service, as well as for hotel guests.

SPA CHECK IN
Please arrive 30 minutes prior to your appointment to begin the relaxation experience. Arriving late will limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. In order to comply with the College of Massage Therapists of Ontario, all Registered Massage Therapists (RMTs) must have guests complete Health History Forms before their treatment commences. Arriving on time ensures you will have sufficient time to complete your form and enjoy the full duration of your treatment. The completion of these forms also ensures your RMT is better equipped to treat you and your specific conditions.

**Please Note: We do require your completed form and signature in order to provide an Insurance Receipt from your Registered Massage Therapist.**

PERSONAL ITEMS
Please do not bring valuables to the spa. The spa and hotel are not responsible for lost or stolen articles. Before departing the Spa, please ensure that you have collected all personal items from your locker or the pockets of your bathrobe.

CANCELLATIONS
Treatments are reserved especially for you. We do request a 24-hour notice for cancellation or rescheduling to avoid a full-service charge. Group reservations are subject to contracted agreement.

GRATUITIES
Gratuities are at your discretion.

SPECIAL CONSIDERATION
We offer guests an opportunity to escape to a relaxing atmosphere. We therefore ask that guests enjoy quiet conversation only and refrain from using cell phones. The spa and pool are smoke-free environments. For complete privacy, please avoid using cameras in the spa.
# Price List for Services

## SIGNATURE FACIAL TREATMENTS
- **Hydration of the Bisses**
  - 60/90 min.
  - $250/$295
- **Energy of the Glaciers**
  - 60/90 min.
  - $250/$295
- **Luminosity of Ice**
  - 60/90 min.
  - $315/$375
- **Lift from the Peaks**
  - 60/90 min.
  - $330/$380
- **Firmness of the Hills**
  - 60/90 min.
  - $330/$380
- **Reflection on a Frozen Lake**
  - 45 min.
  - $155
- **Back Facial Treatment**
  - 60 min.
  - $215
- **Essence of the Bees Majestic Treatment**
  - 90 min.
  - $735

## MASSAGES
- **Stress Relief**
  - 60/90 min.
  - $215/$305
- **Deep Tissue**
  - 60/90 min.
  - $225/$310
- **Blissful Hot Shells**
  - 60/90 min.
  - $225/$310
- **Reflexology**
  - 30/60 min.
  - $120/$195

## BODY TREATMENTS
- **Peaks of Slimness**
  - 60 min.
  - $285
- **Bisses Purity**
  - 60 min.
  - $210
- **Vitality of the Body**
  - 60 min.
  - $210
- **Hazelton Signature Scrub**
  - 60 min.
  - $210

## ENHANCEMENTS
- **Valmont Collagen Eye Mask**
  - $75
- **30-min. Scrub Addition to Massage**
  - $110
- **Arnica Soothing Balm**
  - $25
- **Dry Brush**
  - $30
- **Blissful Hot Shell Enhancement**
  - $30
- **Hand or Feet Paraffin Treatment**
  - $30
- **Valmont 24-hour MNR**
  - $30
- **Valmont Scalp & Mask Hair Treatment**
  - $50

## EXCLUSIVE SPA PACKAGES
- **Head to Toe Sampler**
  - 90 min.
  - $370
- **Hazelton Signature Spa**
  - 3.5 hours
  - $575
- **Gentlemen’s Escape**
  - 3 hours
  - $520
- **“Oh My Glow”**
  - 4 hours
  - $720

## NAIL SERVICES
- **Classic Manicure**
  - 45 min.
  - $70
- **Classic Pedicure**
  - 60 min.
  - $100
- **Hazelton Bliss Manicure**
  - 60 min.
  - $100
- **Hazelton Bliss Pedicure**
  - 75 min.
  - $120
- **Sports Manicure**
  - 30 min.
  - $60
- **Sports Pedicure**
  - 45 min.
  - $75
- **Shellac Manicure**
  - 60 min.
  - $95
- **Shellac Pedicure**
  - 75 min.
  - $115
- **Shellac Application**
  - $25
- **Shellac Removal**
  - $30
- **French Application**
  - $20

## WAXING
- **Abdomen**
  - 60 min.
  - $50
- **Full Arm**
  - 30 min.
  - $60
- **Half Arm**
  - 15 min.
  - $40
- **Back**
  - 45 min.
  - $80
- **Bikini**
  - 15 min.
  - $50
- **Brazilian**
  - 30 min.
  - $80
- **Chest**
  - 45 min.
  - $70
- **Eyebrow**
  - 15 min.
  - $30
- **Full Leg**
  - 60 min.
  - $80
- **Full Leg/Bikini**
  - 75 min.
  - $100
- **Lip/Chin**
  - 15 min.
  - $20
- **Lower Leg**
  - 30 min.
  - $50
- **Underarms**
  - 15 min.
  - $30
THE HAZELTON HOTEL

SPA BY VALMONT

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