

THE
HAZELTON
HOTEL

SPA BY
VALMONT



Enter a world of art and beauty with Valmont, a prestigious Swiss Cosmetics Group founded in 1985. With an expertise in anti-aging Swiss Cellular cosmetics of the highest standards in quality, the Valmont laboratories create lavish compositions with a unique selection of the finest ingredients the world has to offer. The Valmont Group brings together the worlds of art, luxury, cosmetics, and fragrances. These pillars are where effectiveness, seduction, and sensory and olfactory experiences intermingling and combine along with a virtuous passion for modern art.



Welcome to an oasis of serenity, privacy and elegance. Immerse yourself in an exclusive sanctuary of tranquility and discover a new standard of relaxation in our Valmont Spa. Offering world-class facial treatments by Valmont, luxurious body treatments and specialized massages designed to release stress and toxins. Providing pampered attention from our experts, you will leave the Spa at the Hazelton Hotel feeling better than ever!

Valmont Signature Facial Treatments

 60/90 min.

HYDRATION OF THE BISSES

Hydration Ritual

A slow, delicate, and singularly relaxing massage facial that targets the lymphatic system to improve fluid flow. This treatment fills the epidermis with water to reveal vibrant, supple, re-plumped skin.

VITALITY OF THE GLACIERS

Vitality Ritual

A dual energizing and relaxing massage focused on the vascular system. This treatment revitalizes the skin by stimulating cell oxygenation and dissolving any sign of fatigue. The skin revels in newfound energy and vigor, while the complexion appears fresh and radiant.

LUMINOSITY OF ICE

Luminosity Ritual

Grounded in facial reflexology, this treatment refines the skin's texture and calls forth the glow of a unified complexion. The skin is softer, smoother and altogether radiant, with fewer irregularities.

LIFT FROM THE PEAKS

Anti-Wrinkle & Lifting Ritual

Inspired by fascia therapy, this slow, deep massage fights wrinkles by relaxing and toning the muscles. This treatment program provides an intense smoothing effect while alleviating stress in areas with superficial or more pronounced wrinkles.

FIRMNESS OF THE HILLS

Firmness Ritual

A deep tissue massage for the face to heighten the skin's firmness to reveal visibly younger skin with enhanced volume definition. The movements in the treatment include deep kneading, palpating and rolling as well as powerful smoothing motions.

GENTLEMEN'S AWAKENING ⌚ 60/90 min.

A results-driven facial for men that deeply cleanses, hydrates, and restores tired skin. Designed to reduce signs of stress and fatigue while leaving the complexion refreshed, energized, smooth, and balanced — suitable for all skin and beard types.

REFLECTION ON A FROZEN LAKE ⌚ 45 min.

Eye Lift Treatment

A comprehensive and targeted treatment to eliminate fine lines, shadows, bags and swelling. Reveals a dazzling, youthful gaze to be admired anew.

BACK FACIAL TREATMENT ⌚ 60 min.

Purification

Includes exfoliation, extractions and a mask application.

ESSENCE OF THE BEES MASTERPIECE TREATMENT ⌚ 90 min.

Elixir des Glaciers

This luxurious facial combines products from the beehive that are among the best repairing and healing agents in the world. This facial will leave your skin more nourished than ever! There are two cleansing treatments, three massages and four masks included – a veritable youth therapy for the skin.

Facial Add-Ons (can be applied to any 60-minute Facial):

Eye Collagen Treatment
Face Collagen Treatment
Neck Collagen Treatment



All 90-minute Facials include a Collagen Face Mask.

Wellness Ritual

Begin your journey with a personalized aromatherapy experience. Choose from:

HAZELTON SIGNATURE BLEND

An exclusive warm and grounding aroma crafted to create a comforting, deeply luxurious experience.

LAVENDER

Calming and restorative, ideal for relieving stress, quieting the mind, and promoting deep relaxation.

BERGAMOT

Bright and uplifting, designed to reduce mental fatigue, elevate mood, and restore vitality.



Your ritual begins with a personalized selection of aromatic oils, followed by warm towels applied to the feet to relax the body and calm the senses. The experience continues with soothing warm compresses and customized massage techniques designed to release tension, restore balance, and encourage deep relaxation. Your journey concludes with a calming herbal tea or refreshing water, along with an invitation to unwind in our eucalyptus steam room.

PRIVATE PERSONAL TRAINING

 60 min.

Elevate your stay with an exclusive one-on-one training experience in our spa and fitness area. Whether you seek strength training, toning, flexibility, or guided wellness support, our professional trainer will create a personalized program just for you. Kindly inform the Concierge team to reserve your preferred time, and we will arrange a private session designed around your schedule.

Must reserve 48h in advance

Wellness Treatments

 60 min.

CRYO FIRE AND ICE MASSAGE

An invigorating treatment using heated and chilled stones to awaken the body and restore balance. The warm and cool contrast boosts circulation, eases tension and inflammation, and promotes deep relaxation—perfect for recovery, detox, and a refreshing full-body reset.

PEAKS OF SLIMNESS

A full-body remodeling. Kneading and decongesting movements, friction and smoothing pressures for body toning.

BISSES PURITY

A revitalizing full-body exfoliation ritual that gently buffs away dull, dry skin while purifying and renewing the body. Relaxing massage techniques help ease muscular tension, stimulate circulation, and leave the skin silky smooth, refreshed, and radiant.

VITALITY OF THE BODY

A luxurious full-body ritual designed to relax, energize, and restore. This treatment concludes with Valmont's signature massage technique — an exclusive, results-driven ritual developed specifically for Valmont body treatments to enhance absorption, stimulate circulation, and leave the skin exceptionally soft, smooth, and radiant.

HAZELTON SIGNATURE SCRUB

Created exclusively for us in Newfoundland using our signature blend of essential oils and sugar, this luxurious body scrub provides a deeply refreshing exfoliation experience. Designed to gently polish and renew the skin, this treatment leaves your body feeling smooth, radiant, and revitalized.

RMT Massages

 60/90 min.

STRESS RELIEF MASSAGE

A deeply relaxing massage designed to ease tension, calm the mind, and restore balance. Improves circulation, boosts oxygen flow, and leaves the body feeling renewed, lighter, and fully recharged.

SPORTS RECOVERY

A therapeutic treatment designed to support muscle recovery, reduce tension, and enhance performance. This targeted massage focuses on overworked or fatigued muscles using advanced techniques to improve circulation, decrease soreness, and restore mobility. Ideal for athletes, active lifestyles, or post-training recovery.

DEEP TISSUE MASSAGE

A therapeutic massage that targets deep muscle tension to relieve chronic tightness, reduce soreness, and improve mobility. Firm, focused techniques help restore comfort, release stress, and support overall recovery and wellness.

BLISSFUL HOT STONES MASSAGE

A blissful hot sensation combined with the smooth surface of the stones will make you never want to leave the massage table. A treatment that combines the warmth of the stones with deeply relaxing massage techniques, creating a sense of balance to the entire body and mind.

MOTHER-TO-BE RITUAL

Specially created for expectant mothers, this gentle, comforting and lightly toning treatment helps relax muscles and ease tension in the legs and back. Perfect for a soothing “me time” moment to feel lighter, calmer and beautifully radiant.

REFLEXOLOGY  60 min.

Your Therapist works on deep reflex zones to relieve tension and fatigue through a targeted pressure-point foot massage that stimulates corresponding organs and systems. Perfect for a midday reset.

Side by Side Massages: Enjoy any RMT massage of the same duration together in the same room — perfect for couples, friends, or loved ones seeking a shared relaxation experience.



Exclusive Spa Packages

HEAD TO TOE SAMPLER ⌚ 90 min.

30-minute Hazelton Signature Scrub
30-minute Facial
Eye Collagen Mask
Valmont Scalp Revitalization Treatment
30-minute Vitality of the Body

HAZELTON SIGNATURE SPA PACKAGE ⌚ 3.5 hours

30-minute Hazelton Signature Scrub
90-minute Swedish/Deep Tissue Massage
60-minute Hydration Facial

GENTLEMEN'S ESCAPE PACKAGE ⌚ 3 hours

30-minute Hazelton Signature Scrub
90-minute Swedish/Deep Tissue Massage
Sports Pedicure
Sports Manicure

"OH MY GLOW" PACKAGE ⌚ 4 hours

90-minute Swedish/Deep Tissue Massage
90-minute Luminosity of Ice
Dry Brush Add-On
Valmont Scalp Revitalization Treatment





Enhancements

Scrub 30 minutes (addition to any treatment)
Hot Oil Scalp Ritual 30 minutes (addition to any treatment)
Arnica Soothing Balm
Dry Brush

Valmont Collagen Eye Mask
Valmont Collagen Face Mask
Valmont Collagen Neck Mask
Valmont Scalp and Mask Hair Treatment

Nail Salon Services

45-minute Classic Manicure
60-minute Classic Pedicure
60-minute Hazelton Bliss Manicure
75-minute Hazelton Bliss Pedicure
30-minute Sports Manicure

45-minute Sports Pedicure
Shellac Application
Shellac Removal
French Application

HAZELTON BLISS MANICURE AND PEDICURE

Indulge in a luxurious pampering ritual featuring our exclusive handmade-in-Canada sugar scrub infused with The Hazelton's signature scent. This relaxing experience includes a blissful hot stone massage followed by the application of our deeply nourishing signature body butter, leaving hands and feet exceptionally soft, smooth, and restored.

Waxing Services

60-minute Abdomen
30-minute Full Arm
15-minute Half Arm
45-minute Back
15-minute Bikini

30-minute Brazilian
45-minute Chest
15-minute Eyebrow
60-minute Full Leg
75-minute Full Leg/Bikini

15-minute Lip/Chin
30-minute Lower Leg
15-minute Underarms



SPA ETIQUETTE

In order to serve you better, we ask that all guests review and observe our spa etiquette guidelines.

AGE REQUIREMENTS

Spa services are available to guests 18 years and older. Nail services are available to guests of any age.

RESERVATIONS

To ensure your preferred time and experience, we kindly request that appointments be booked at least three weeks in advance. If you are an expectant mother or have specific health considerations, please inform us so that we may provide a personalized consultation and recommend the spa treatments best suited to your needs during this special time.

ACCESS TO SPA

Access to the spa facilities is included with any spa service of 60 minutes or more. Hotel guests are also welcome to enjoy the facilities, including our eucalyptus steam room, heated saltwater pool, and fitness centre. Please note that access is not extended with waxing or nail services.

SPA CHECK IN

Please arrive 30 minutes prior to your appointment to begin the relaxation experience. Arriving late will limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. In order to comply with the College of Massage Therapists of Ontario,

all Registered Massage Therapists (RMTs) must have guests complete Health History Forms before their treatment commences. Arriving on time ensures you will have sufficient time to complete your form and enjoy the full duration of your treatment. The completion of these forms also ensures your RMT is better equipped to treat you and your specific conditions.

Please Note: We do require your completed form and signature in order to provide an Insurance Receipt from your Registered Massage Therapist.

PERSONAL ITEMS

Please do not bring valuables to the spa. The spa and hotel are not responsible for lost or stolen items. Before departing the spa, please ensure that you have collected all personal belongings from your locker or the pockets of your bathrobe.

CANCELLATIONS

Treatments are reserved especially for you. We request a 24-hour notice for cancellation or rescheduling to avoid a full-service charge. Group reservations are subject to contracted agreement.

GRATUITIES

Gratuities are at your discretion.

SPECIAL CONSIDERATION

We offer guests an opportunity to escape to a relaxing atmosphere. We therefore ask that guests enjoy quiet conversation only and refrain from using cell phones. The spa and pool are smoke-free environments. For complete privacy, please avoid using cameras in the spa.

Price List for Services

Please review our Cancellation Policy before booking.

Monday – Thursday: Weekday Price
Friday, Saturday, Sunday & Holidays +
December 1–31: Weekend/Holiday Price

		WEEKDAYS	WEEKEND/HOLIDAY
SIGNATURE FACIAL TREATMENTS			
Hydration of the Bisses	60/90 min	\$275/\$375	\$290/\$390
Vitality of the Glaciers	60/90 min	\$275/\$375	\$290/\$390
Gentlemen’s Awakening	60/90 min	\$275/\$375	\$290/\$390
Luminosity of Ice	60/90 min	\$325/\$415	\$340/\$430
Lift from the Peaks	60/90 min	\$360/\$460	\$375/\$475
Firmness of the Hills	60/90 min	\$360/\$460	\$375/\$475
Reflection on a Frozen Lake	45 min	\$165	\$180
Back Facial Treatment	60 min	\$275	\$290
Purity of the Alps	45 min	\$160	\$175
Essence of the Bees Masterpiece Treatment	90 min	\$765	\$780
RMT MASSAGES			
Stress-Relief	60/90 min	\$225/\$325	\$245/\$345
Sports Recovery	60/90 min	\$230/\$330	\$250/\$350
Deep Tissue	60/90 min	\$235/\$335	\$255/\$355
Blissful Hot Stones	60/90 min	\$240/\$340	\$260/\$360
Mother-to-be Ritual	60/90 min	\$230/\$330	\$250/\$350
Reflexology	60 min	\$205	\$220
WELLNESS TREATMENTS			
Cryo Fire and Ice Massage	60/90 min	\$245/\$345	\$260/\$360
Peaks of Slimness	60 min	\$290	\$305
Bisses Purity	60 min	\$220	\$235
Vitality of the Body	60 min	\$220	\$235
Hazeltan Signature Scrub	60 min	\$220	\$235
ENHANCEMENTS			
Scrub 30 minutes <i>(addition to any treatment)</i>	Add-ons	\$110	\$120
Hot Oil Scalp Ritual <i>(addition to any treatment)</i>		\$110	\$120
Arnica Soothing Balm		\$25	\$35
Dry Brush		\$30	\$40
Valmont Collagen Eye Mask		\$75	\$85
Valmont Collagen Face Mask		\$120	\$140
Valmont Collagen Neck Mask		\$100	\$110
Valmont Scalp & Hair Mask Treatment		\$50	\$60
Private Personal Training (Per Person) <i>Must reserve 48h in advance</i>	60 min	Starting at \$200	

Price List for Services [con'd]

Please review our Cancellation Policy before booking.

Monday – Thursday: Weekday Price

Friday, Saturday, Sunday & Holidays +
December 1–31: Weekend/Holiday Price

		WEEKDAYS	WEEKEND/HOLIDAY
EXCLUSIVE SPA PACKAGES			
Head to Toe Sampler	90 min	\$390	\$410
Hazeltown Signature Spa	3.5 hours	\$600	\$620
Gentlemen's Escape	3 hours	\$545	\$565
"Oh My Glow"	4 hours	\$750	\$770
NAIL SERVICES			
Classic Pedicure	60 min	\$110	\$120
Classic Manicure	45 min	\$80	\$90
Hazeltown Bliss Pedicure	75 min	\$130	\$140
Hazeltown Bliss Manicure	60 min	\$110	\$120
Sports Pedicure	45 min	\$85	\$95
Sports Manicure	30 min	\$70	\$80
Shellac Removal	15 min	\$30	\$40
Shellac or French Application	15 min	\$35	\$45
WAXING			
Abdomen	60 min	\$60	\$70
Full Arm	30 min	\$70	\$80
Half Arm	15 min	\$50	\$60
Back	45 min	\$90	\$100
Bikini	15 min	\$60	\$70
Brazilian	30 min	\$90	\$100
Chest	45 min	\$80	\$90
Eyebrow	15 min	\$40	\$50
Full Leg	60 min	\$90	\$100
Full Leg/Bikini line	75 min	\$110	\$120
Lip/Chin	15 min	\$30	\$40
Lower Leg	30 min	\$60	\$70
Underarms	15 min	\$40	\$50
TINTING			
Eyebrows or Eyelashes	15 min	\$45	\$55
TOGETHER EXPERIENCE			
Side by Side Massages <i>Couples' rooms are available upon request and are subject to availability at the time of booking</i>	Any RMT massage of the same duration can be enjoyed together in the same room.		

THE
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